FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	DC	205/19
vasilliquui,	D.C	20349

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response	. 05							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Shah Nirav R						2. Issuer Name and Ticker or Trading Symbol STERIS plc [STE]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last)	`	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/03/2023								Offic belo	er (give title w)		Other (s below)	pecify
C/O 70 SIR JOHN ROGERSON'S QUAY						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) DUBLIN	N L2	2 :	2										X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	Rule 10b5-1(c) Transaction Indication							1									
	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										led to							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,			Code (Ins	Transaction Disposed Code (Instr. 5)		urities Acquired (A eed Of (D) (Instr. 3,		and Securities Beneficially Owned Followir		6. Ownership Form: Direct (D) or Indirect g (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	unt (A) or Pr		Trans	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, Transactity or Exercise (Month/Day/Year) if any Code (In							ate	Amount of			8. Price of Derivativ Security (Instr. 5)		ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Code		v	(A)	(D)	Date Ex Exercisable Da		iration e	Title	Amount or Number of Shares					
Director Stock Option (right to buy)	\$225.5	08/03/2023			A		1,544		(1) 08		03/2033	Ordinary Shares	1,544	\$0.00	1,544		D	
Career Restricted Stock Units	(2)	08/03/2023			A		525		(3)		(3)	Ordinary Shares	525	\$0.00	5,522		D	

Explanation of Responses:

- $1. \ These \ nonqualified \ stock \ options \ are \ fully \ vested \ and \ are \ exercisable \ immediately.$
- 2. Each Career Restricted Stock Unit represents the right to receive one STERIS ordinary share six months after the cessation of the Director's Board service.
- 3. These Career Restricted Stock Units are fully vested immediately. They will be settled in STERIS ordinary shares six months after the cessation of the Director's Board service.

Remarks:

/s/ Ronald E. Snyder, 08/07/2023 Authorized Representative under Power of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.