FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vashington,	DC	20549	
vasiiiiiqtoii,	D.C.	20349	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOLLAND CHRISTOPHER S					2. Issuer Name and Ticker or Trading Symbol STERIS plc [ STE ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					
(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 08/03/2023								Officer (give title Other (sp below) below)						
C/O 70 SIR JOHN ROGERSON'S QUAY				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) DUBLIN L2 2													X Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City) (State) (Zip)					Rul	Rule 10b5-1(c) Transaction Indication												
	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									ed to								
		Table	e I - Nor	n-Deriv	ative S	Sec	urities	s Ac	quired, D	ispo	osed c	of, or Bo	eneficia	lly Owne	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,			Code (Ins	Transaction Disposed Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		Benefic Owned	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) (D)	Price	Transa	Reported Transaction(s) (Instr. 3 and 4)		"	(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transaction Code (Instr. 8)		of I		6. Date Exercisal Expiration Date (Month/Day/Year		Amount o		of s ng e	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y Di or (I)	D. wnership orm: irect (D) r Indirect I (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Exp Dat	oiration e	Title	Amount or Number of Shares					
Director Stock Option (right to buy)	\$225.5	08/03/2023			A		1,544		(1)	08/0	03/2033	Ordinary Shares	1,544	\$0.00	1,544		D	
Career Restricted Stock Units	(2)	08/03/2023			A		525		(3)		(3)	Ordinary Shares	525	\$0.00	3,989		D	

## **Explanation of Responses:**

- $1. \ These \ nonqualified \ stock \ options \ are \ fully \ vested \ and \ are \ exercisable \ immediately.$
- 2. Each Career Restricted Stock Unit represents the right to receive one STERIS ordinary share six months after the cessation of the Director's Board service.
- 3. These Career Restricted Stock Units are fully vested immediately. They will be settled in STERIS ordinary shares six months after the cessation of the Director's Board service.

## Remarks:

/s/ Ronald E. Snyder, Authorized Representative 08/07/2023 under Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.