FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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Washington, D.C. 20549	OMB APPROV			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	32		

OMB Number:	3235-028									
Estimated average burden										
hours per response:	0.9									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Sohi M		2. Issuer Name and Ticker or Trading Symbol STERIS plc [ STE ]								Relationship heck all appl X Direct	icable)	Reporting Person(s) to I ble)							
(Last)	•		(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/15/2023									r (give title )		Other (s below)		
C/O 70 SIR JOHN ROGERSON'S QUAY						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) DUBLIN L2 2															X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)					Rul	Rule 10b5-1(c) Transaction Indication													
							Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
		Table	e I - No	n-Deriv	ative	Sec	uriti	es Ac	quired,	Dis	posed o	of, or Be	eneficia	lly Owne	d				
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day						Execution Date		n Date,	3. Transaction Code (Instr. r) 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			Benefic	ies For ially (D) Following (I) (		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Transa (Instr. 3	ction(s)			(IIISU: 4)	
Ordinary	Shares			05/15/	2023	.023		M		2,069 A		\$43.9	92 24	4,430		D			
Ordinary Shares 05/15/20					2023			S		2,069 D \$2		\$212.	28 22	2,361		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, irity or Exercise (Month/Day/Year) if any		on Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisabl Expiration Date (Month/Day/Year)		e Amount of		of s og e	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares						
Director Stock Option (right to buy)	\$43.92	05/15/2023			M			2,069	(1)		08/08/2023	Ordinary Shares	2,069	\$0.00	0		D		

## **Explanation of Responses:**

1. This option to purchase 2,069 STERIS ordinary shares, which is fully vested, was received in conjunction with the Redomiciliation of the entity organized under the laws of the U.K. and formerly named STERIS plc ("Old STERIS") in exchange for an option to purchase 2,069 Old STERIS ordinary shares for \$43.92 per share, subject to the same terms and conditions as the original Old STERIS stock option, except as otherwise required by law.

## Remarks:

/s/ Ronald E. Snyder,

Authorized Representative by 05/16/2023

Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.