FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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l	hours per response:	0.5

t to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Zangerle John Adam						2. Issuer Name <b>and</b> Ticker or Trading Symbol STERIS plc [ STE ]									heck all ap Dire	ector	10	% Owner
(Last) (First) (Middle) C/O 70 SIR JOHN ROGERSON'S QUAY						3. Date of Earliest Transaction (Month/Day/Year) 10/01/2019									A belo	icer (give title othe below)  VP, Gen Counsel, and S		<i>'</i>
(Street)  DUBLIN L2 2  (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Lir	ne) X For For	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person		
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or I	3ene	eficia	lly Owr	ed		
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day						Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)				Secu Bene	nount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect		
									Code V		Amount (A		or	Price	Tran	saction(s) r. 3 and 4)		(111341. 4)
Ordinary	Shares		10/01/2019 F 2,041 D \$140.62 29,647 <sup>(1)</sup> D															
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year) (Month/Day/Year) Transact Code (In:			of Deriv Secu Acqu (A) o Dispo	r osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amour or Numbe of Title Shares		ount	8. Price of Derivative Security (Instr. 5)		Ownersi Form: Direct (E or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	

## Explanation of Responses:

1.15,472 of these ordinary shares are restricted. The restrictions on these ordinary shares lapse as follows: 2,500 on June 1,2020;6,000 on June 1,2021;3,636 on May 31,2022;2,502 on May 31,2022 and 834 on May 31,2023.

## Remarks:

/s/ Ronald E. Snyder, Authorized Representative

10/02/2019

under Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.