FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington, D	.C. 20549
---------------	-----------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average burden										
- 1	hours per response.	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Shah Nirav R (Last) (First) (Middle)				_	STERIS plc [STE] 3. Date of Earliest Transaction (Month/Day/Year) 08/03/2022									all applic	or (give title	Pers	10% Ov Other (s below)	vner	
C/O 70 SIR JOHN ROGERSON'S QUAY				L	00/03/2022														
(Street) DUBLIN (City)			2 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								Individue) X	'					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			е	Execution Date		Date	Code (Instr.					4 and Securiti		ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Code V Amo							Amount	(A) o (D)	Price	, ·	Transact (Instr. 3	tion(s)			(111341. 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	(e.g 3A. Deemed Execution Date if any (Month/Day/Yea	, 4. Tra	4. Transaction Code (Instr.		5. Number of		6. Date Exercisa Expiration Date (Month/Day/Yea		ble and	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		8. P Der Sec (Ins	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Co	de V	(A) (D) Exercisable Date Expiration Of Shares													
Director Stock Option (right to buy)	\$203	08/03/2022		A			1,869		(1)	08	8/03/2032	Ordinary Shares	1,869	s	\$0.00	1,869		D	
Career Restricted Stock Units	(2)	08/03/2022		A			573		(3)		(3)	Ordinary Shares	573	\$	\$0.00	4,997		D	

Explanation of Responses:

- 1. These nonqualified stock options are fully vested and are exercisable immediately.
- 2. Each Career Restricted Stock Unit represents the right to receive one STERIS ordinary share six months after the cessation of the Director's Board service.
- 3. These Career Restricted Stock Units are fully vested immediately. They will be settled in STERIS ordinary shares six months after the cessation of the Director's Board service.

Remarks:

/s/ Ronald E. Snyder, Authorized Representative under Power of Attorney

** Signature of Reporting Person

08/05/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.