FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549	
vasimigton,	D.C.	20040	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours ner resnonse.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol STERIS plc [STE]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Fraser Mary Clare					151	OTDIGO PIC [STE]									Directo	r		10% Ov	/ner
													-	X	Officer	(give title		Other (s	pecify
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year)								Λ	below)			below)	·
l ` ′	,	R JOHN ROGERSON'S QUAY				05/31/2023								SVP & Chief HRO					
				_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)		_												X	Form fi	led by One	Rep	orting Perso	n
DUBLIN	I L		2		_										Form fi Person		e thai	n One Repo	rting
(City)	(S	tate)	(Zip)		Ru	ıle	10b5-	1(c)) Trans	act	ion Inc	licatio	า '						
						Char	rk this hov	to ind	licate that a t	rance	action was i	mada nurci	ant to a	contra	et instructi	on or written	nlan i	that is intende	ad to
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									ou to										
		Tabl	le I - No	n-Deriv	<i>r</i> ative	Se	curities	s Ac	quired, I	Dis	posed o	of, or Bo	enefic	ially	Owned	i			
1. Title of Security (Instr. 3) 2. Transac			action					ities Acqu							7. Nature				
Date (Month/Da				Dav/Yeaı	Execution Date, ay/Year) if any			Transaction Disposed Of (D) (Code (Instr. 5)		d Of (D) (Ir	nstr. 3, 4 and		Securities Beneficially				of Indirect Beneficial		
				l`	•	(Month/Day/Year			r) 8) `		'			Owned I					Ownership
								Code	v	Amount	(A) (D)	or Pri	rice Reporte Transac (Instr. 3		on(s)		(11	instr. 4)	
Ordinary Shares 05/31/2			1/2023	023 A 2,313 A \$0.00		9,5	,564 ⁽¹⁾		D										
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
		1	1	(e.g., p	outs, c	alls	s, warra	ants	s, option	s, c	onverti	ble sec	uritie	s)					
1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year)				Transaction of Code (Instr. Sec Acq (A) Disprise of (I (Instr. Sec Instr. Sec Instruction Sec Instr. Sec Instruction Sec Instr. Sec Instruction Sec Instr. Sec Instruction Sec Instr. Sec Instruction Sec Instruction Sec Instruction Sec Instructi		of Exp		. Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		[9 (3. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amou or Numb of Share	per					
Employee Stock Option (right to	\$219.97	05/31/2023			A		12,984		(2)	0	5/31/2033	Ordinary Shares	12,9	84	\$0.00	12,984		D	

Explanation of Responses:

1. As of May 31, 2023, 8,451 of these ordinary shares are restricted. The restrictions on these ordinary shares lapse as follows: 791 on June 1, 2023; 791 on June 1, 2024; 1,836 on June 2, 2025; 692 on October 1, 2025; 2,313 on June 1, 2026 and 2,028 on June 2, 2026.

2. This option becomes exercisable as follows: 3,246 on May 31, 2024; 3,246 on June 2, 2025; 3,246 on June 1, 2026 and 3,246 on June 1, 2027.

Remarks:

/s/ Ronald E. Snyder, **Authorized Representative**

06/02/2023

under Power of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.