SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burd	len										
hours ner resnonse:	05										

1. Name and Address of Reporting Person [*] Sohi Mohsen			2. Issuer Name and Ticker or Trading Symbol <u>STERIS plc</u> [STE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
					Director	10% Owner			
L (Lact) (Eirct) (Middlo)		(<i>,</i>	3. Date of Earliest Transaction (Month/Day/Year) 08/06/2019		Officer (give title below)	Other (specify below)			
C/U /U SIR JUP	IN RUGERSUN S	QUAY							
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
DUBLIN	L2	2		X	Form filed by One Rep	orting Person			
	L2	2			Form filed by More tha Person	n One Reporting			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction		4. Securities A Disposed Of (5)			Securities Beneficially Owned Following	(D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(1150.4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Expiration Date (Derivative (Month/Day/Year) Securities Acquired			and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(Instr. and 5)		Date Expiration Tate Tate Tate Tate Tate Tate Tate Tate		Title Amount or Number of Shares			Transaction(s) (Instr. 4)		
Director Stock Option (right to buy)	\$152.32	08/06/2019		А		4,349		(1)	08/06/2029	Ordinary Shares	4,349	\$0.00	4,349	D	
Career Restricted Stock Units	(2)	08/06/2019		A		958		(3)	(3)	Ordinary Shares	958	\$0.00	1,646	D	

Explanation of Responses:

1. These nonqualified stock options are fully vested and are exercisable immediately.

2. Each Career Restricted Stock Unit represents the right to receive one STERIS ordinary share six months after the cessation of the Director's Board service.

3. These Career Restricted Stock Units are fully vested immediately. They will be settled in STERIS ordinary shares six months after the cessation of the Director's Board service.

Remarks:

/s/ Ronald E. Snyder,

Authorized Representative under Power of Attorney

** Signature of Reporting Person

08/08/2019

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.