FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| STATEMENT | OF CHANGES IN | BENEFICIAL | OWNERSHIP |
|-----------|---------------|------------|-----------|
|           |               |            |           |

| OMB APPROVAL        |        |  |  |  |  |  |  |  |  |
|---------------------|--------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0  |        |  |  |  |  |  |  |  |  |
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| hours per response: | 0.5    |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  Shah Nirav R                           |  |  |  |       |                 | 2. Issuer Name and Ticker or Trading Symbol STERIS plc [ STE ] |       |          |                     |  |                  |   |  | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |                                     |  |  |  |
|--|--|--|--|-------|-----------------|--|-------|----------|---------------------|--|------------------|---|--|---|--|-------------------------------------|--|--|--|
|  |  |  |  | .     | 1 - 1           |  |       |          |                     |  |                  |   | <ul><li>X Director</li><li>Officer (give title</li></ul>   |   |  | 10% Owner Other (specify            |  |  |  |
| (Last) (First) (Middle) 3. Date of Earliest Transaction (Mont                    |  |  |  |       |                 |  |       |          |                     |  |                  | below)  | specify  |   |  |                                     |  |  |  |
| C/O 70 SIR JOHN ROGERSON'S QUAY  |  |  |  |       |                 | 0.0 1/2020   |       |          |                     |  |                  |   |  |   |  |                                     |  |  |  |
| ,  |  |  |  |       |                 | 4. If Amendment, Date of Original Filed (Month/Day/Year)       |       |          |                     |  |                  |   |  | 6. Individual or Joint/Group Filing (Check Applicable Line)             |  |                                     |  |  |  |
| (Street)  DUBLIN   | I L2   | ,  | 2  |       |                 |  |       |          |                     |  |                  |   |  | ,   | filed by On  | e Rep                               | orting Perso   | n  |  |
| - DOBLIN   |  | - '  |  |       | .               |  |       |          |                     |  |                  |   |  | Form<br>Perso   |  | re tha                              | n One Repo   | rting  |  |
| (City)   | (Si  | tate) (                                    | (Zip)  |       |                 |  |       |          |                     |  |                  |   |  | . 0.00  |  |                                     |  |  |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |  |  |  |       |                 |  |       |          |                     |  |                  |   |  |   |  |                                     |  |  |  |
| 1. Title of Security (Instr. 3)  2. Transar Date (Month/Date)                    |  |  |  |       | Execution Date, |  |       | Code (II |                     |  |                  |   | d Securit<br>Benefic<br>Owned  | Securities For Beneficially (D)   |  | n: Direct<br>r Indirect<br>nstr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                      |  |  |
|  |  |  |  |       |                 |  |       | Code     | v                   | Amount   | (A) o<br>(D)     | (A) or (D) Price                                  |  |   |  |                                     | (Instr. 4)   |  |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |  |       |                 |  |       |          |                     |  |                  |   |  |   |  |                                     |  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                              | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution D<br>if any<br>(Month/Day/ | Date, |                 | ansaction of ode (Instr. D S A (#                              |       | of E     |                     | 6. Date Exercisa<br>Expiration Date<br>(Month/Day/Year |                  | Amount o<br>Securities<br>Underlyin<br>Derivative | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |   | 9. Number<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | e<br>S<br>Illy                      | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |  |  |  |       | Code            | v  | (A)   | (D)      | Date<br>Exercisable |  | xpiration<br>ate | Title   | Amount<br>or<br>Number<br>of<br>Shares   |   |  |                                     |  |  |  |
| Career<br>Restricted<br>Stock<br>Units   | (1)  | 08/04/2020                                 |  |       | A               |  | 1,316 |          | (2)                 |  | (2)              | Ordinary<br>Shares                                | 1,316  | \$0.00  | 4,424  |                                     | D  |  |  |

## **Explanation of Responses:**

- 1. Each Career Restricted Stock Unit represents the right to receive one STERIS ordinary share six months after the cessation of the Director's Board service.
- 2. These Career Restricted Stock Units are fully vested immediately. They will be settled in STERIS ordinary shares six months after the cessation of the Director's Board service.

## Remarks:

/s/ Ronald E. Snyder, **Authorized Representative** under Power of Attorney

08/06/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.