FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Zangerle John Adam						2. Issuer Name and Ticker or Trading Symbol STERIS plc [STE]									tionship of Reporting all applicable) Director		10% Ov	vner
(Last) (First) (Middle) C/O 70 SIR JOHN ROGERSON'S QUAY						Date o /31/20		Trans	saction (M	1onth	/Day/Year)		helow)	Officer (give title below) Sr. VP, Gen Counsel,		below)	´ I	
(Street) DUBLIN L2 2				_ 4. l	4. If Amendment, Date of Original Filed (Month/Day/Year)								e) <mark>X</mark> Form f	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip)														Persor	Person			
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					action	ction 2A. Deemed Execution Date,			quired, Disposed of, or Benefic 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 to 1)			d (A) or	5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)			(Instr. 4)
Ordinary Shares		05/3	1/2019				A		3,336(1) A	\$0.00	33,	33,188(2)		D			
Ordinary	Shares			05/3	1/2019				S		1,500 ⁽³) D	\$131.7	1.77 31,688 D			D	
		-	Table II -								osed of, convertil			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea		4. Transa Code (8)				6. Date E Expiratio (Month/E	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly Owner Form Oirect or Ind (I) (In:	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$147.05	05/31/2019			A		19,244		(4)		05/31/2029	Ordinary Shares	19,244	(4)	19,244	4	D	

Explanation of Responses:

- 1. All 3,336 of these ordinary shares are restricted. The restrictions on these ordinary shares lapse as follows: 2,502 on May 31, 2022 and 834 on May 31, 2023.
- 2. 19,472 of these ordinary shares are restricted. The restrictions on these ordinary shares lapse as follows: 4,000 on October 1, 2019; 2,500 on June 1, 2020; 6,000 on June 1, 2021; 3,636 on May 31, 2022; 2,502 on May 31, 2022 and 834 on May 31, 2023.
- 3. This sale of a total of 1,500 ordinary shares is pursuant to a Rule 10b5-1 Stock Trading Plan entered into by the Reporting Person on May 16, 2019.
- 4. This option becomes exercisable as follows: 4,811 on June 1, 2020; 4,811 on June 1, 2021; 4,811 on May 31, 2022 and 4,811 on May 31, 2023.

Remarks:

/s/ Ronald E. Snyder, **Authorized Representative**

06/03/2019

under Power of Attorney ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.