

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>McGowan Lindsey</u>  (Last) (First) (Middle) 70 SIR JOHN ROGERSON'S QUAY  (Street) DUBLIN 2 L2 D02 R296  (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 01/01/2026	3. Issuer Name and Ticker or Trading Symbol <u>STERIS plc [ STE ]</u>	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) VP, Chf. Comp. & Quality Offc.	5. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Beneficially Owned**

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Ordinary Shares	4,230 <sup>(1)</sup>	D	
Ordinary Shares	248	I	See Footnote Below <sup>(2)</sup>

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date				
Employee Stock Option (right to buy)	(3)	05/31/2033	Ordinary Shares 2,480	219.97	D	
Employee Stock Option (right to buy)	(4)	06/04/2034	Ordinary Shares 2,008	251.34	D	
Employee Stock Option (right to buy)	(5)	06/03/2035	Ordinary Shares 2,056	267.66	D	

**Explanation of Responses:**

- As of January 1, 2026, 2,952 of these ordinary shares are restricted. The restrictions on these ordinary shares lapse as follows: 660 on May 31, 2026; 1,128 on June 2, 2026; 588 on June 4, 2027 and 576 on June 3, 2028.
- Units representing 248 ordinary share equivalents are held on behalf of the Reporting Person under the STERIS Corporation 401(k) Plan as of January 2, 2026.
- 1,240 of these options are exercisable. This option becomes exercisable as follows: 620 on June 1, 2026 and 620 on May 31, 2027.
- 502 of these options are exercisable. This option becomes exercisable as follows: 502 on June 4, 2026; 502 on June 4, 2027 and 502 on June 5, 2028.
- This option becomes exercisable as follows: 514 on June 3, 2026; 514 on June 3, 2027; 514 on June 5, 2028 and 514 on June 4, 2029.

**Remarks:**

Exhibit 24 - Power of Attorney

/s/ John P. Ubbing,  
Authorized Representative 01/06/2026  
under Power of Attorney.

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.