## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

0.5

hours per response

# Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

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	Iress of Reporting	Person*	2. Issuer Name and Ticker or Trading Symbol STERIS plc [ STE ]	Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner						
(Last) 70 SIR JOHN	(First) ROGERSON'S	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/13/2024	Officer (give title Other (specify below)  Sr. Vice Pres., CFO						
(Street) DUBLIN 2 (City)	L2 (State)	D02 R296	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Ordinary Shares	09/13/2024		M		3,119	A	\$114.22	46,049	D		
Ordinary Shares	09/13/2024		S		3,119	D	\$248.02(1)	42,930	D		
Ordinary Shares	09/16/2024		М		20,213	A	\$114.22	63,143	D		
Ordinary Shares	09/16/2024		S		10,316	D	\$243.53(2)	52,827	D		
Ordinary Shares	09/16/2024		S		3,485	D	\$244.55(3)	49,342	D		
Ordinary Shares	09/16/2024		S		5,985	D	\$245.79(4)	43,357	D		
Ordinary Shares	09/16/2024		S		427	D	\$247.08(5)	42,930	D		
Ordinary Shares								3,566	I	See Footnote Below <sup>(6)</sup>	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (	ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v			Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$114.22	09/13/2024		M			3,119	(7)	05/31/2028	Ordinary Shares	3,119	\$0	20,213	D	
Employee Stock Option (right to buy)	\$114.22	09/16/2024		M			20,213	(7)	05/31/2028	Ordinary Shares	20,213	\$0	0	D	

### **Explanation of Responses:**

- 1. Price reflects a weighted average sale price for multiple transactions ranging from \$248.00 to \$248.08 per share, inclusive. The Reporting Person undertakes to provide, upon request by the SEC Staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- 2. Price reflects a weighted average sale price for multiple transactions ranging from \$243.08 to \$244.07 per share, inclusive. The Reporting Person undertakes to provide, upon request by the SEC Staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- 3. Price reflects a weighted average sale price for multiple transactions ranging from \$244.14 to \$245.105 per share, inclusive. The Reporting Person undertakes to provide, upon request by the SEC Staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- 4. Price reflects a weighted average sale price for multiple transactions ranging from \$245.43 to \$246.405 per share, inclusive. The Reporting Person undertakes to provide, upon request by the SEC Staff; the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- 5. Price reflects a weighted average sale price for multiple transactions ranging from \$246.4675 to \$247.44 per share, inclusive. The Reporting Person undertakes to provide, upon request by the SEC Staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- 6. Units representing 3,566 ordinary share equivalents are held on behalf of the Reporting Person under the STERIS Corporation 401(k) Plan as of September 10, 2024.
- 7. This option to purchase 46,664 STERIS plc ordinary shares, which is fully vested, was received in connection with the redomiciliation of STERIS plc to Ireland in March 2019 in exchange for an option to

purchase 46,664 ordinary shares for \$114.22 per share in STERIS plc prior to the redomiciliation ("Old STERIS"), subject to the same terms and conditions as the original Old STERIS stock option.

Remarks:

/s/ John P. Ubbing, Authorized
Representative under Power of 09/17/2024
Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.